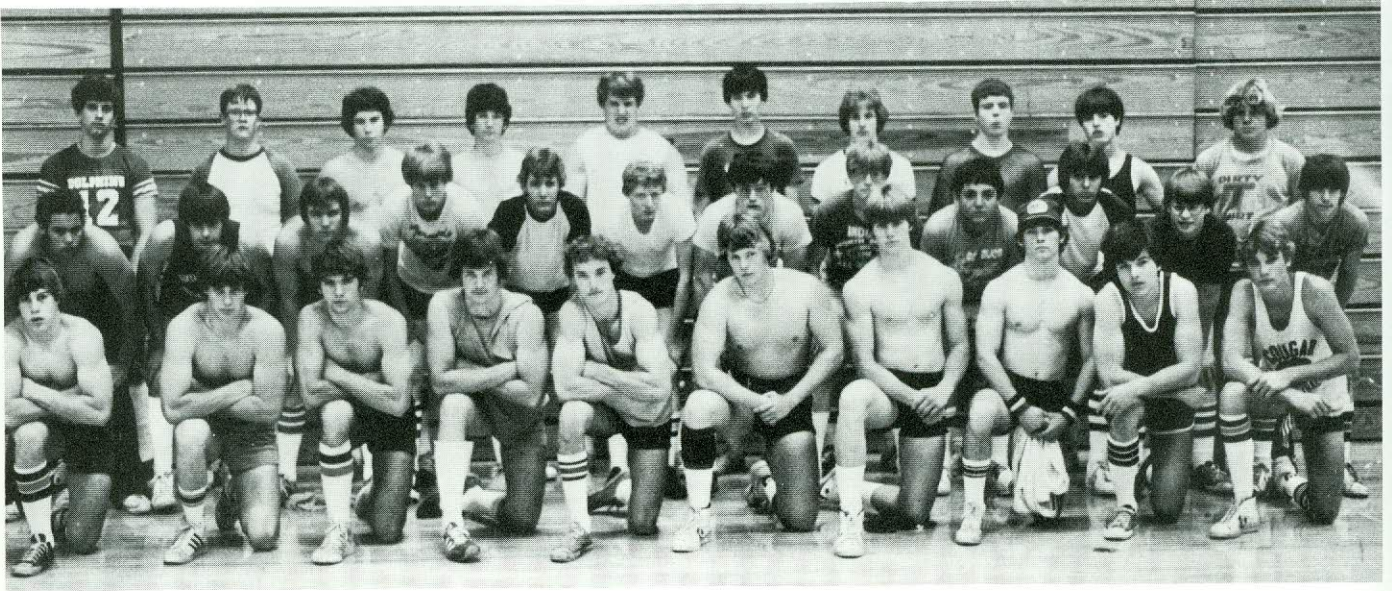


Weight Training Aids Athletic Program



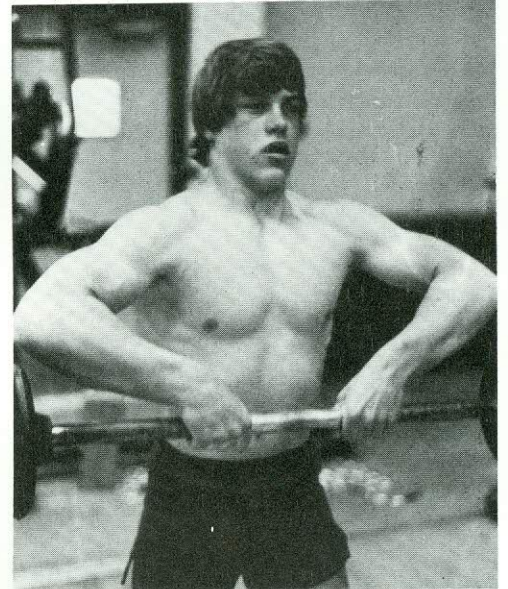
Row 1: M. Joyce, M. Tyler, M. Bryan, M. Page, P. Purdue, M. Edwards, T. Strader, T. White, S. Stockton, K. Kurtz; Row 2: M. Trail, J. Copner, R. Chandler, J. Lawless, J. Eaton, D. Stranger, E. Neuman, T. Edwards, M. Griswold, T. Pierce, D. Leatherman, D. Nelson; Row 3: D. Clifford, S. Turner, A. Evans, T. Blocker, G. Baire, S. Anderson, B. Zeffel, D. Heacock, C. Asher.

"Strength builds pride, pride builds champions."

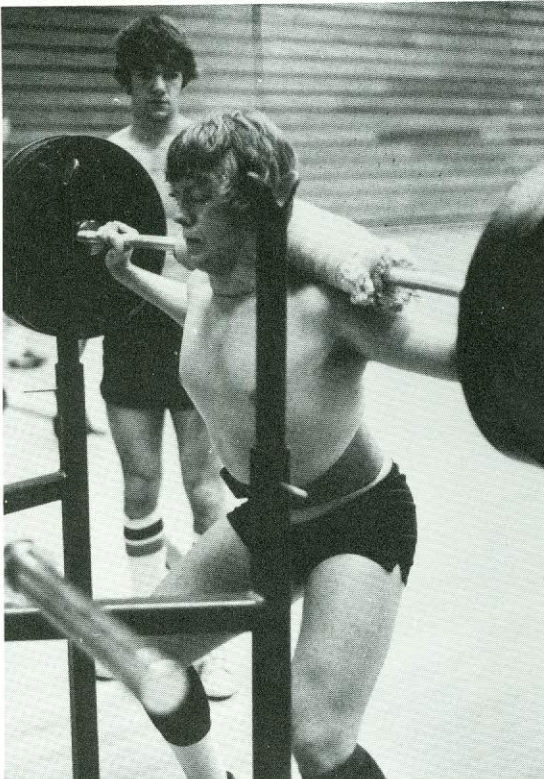
"I feel the weight program has been very instrumental with the outstanding football season." This quote was made by football coach Gene Roe.

Coach Roe and assistant coach John Russell are very proud of their dedicated "weight trainees." Every Monday, Wednesday, and Friday morning at 7:00, an average of 70 guys are dressed and ready to lift.

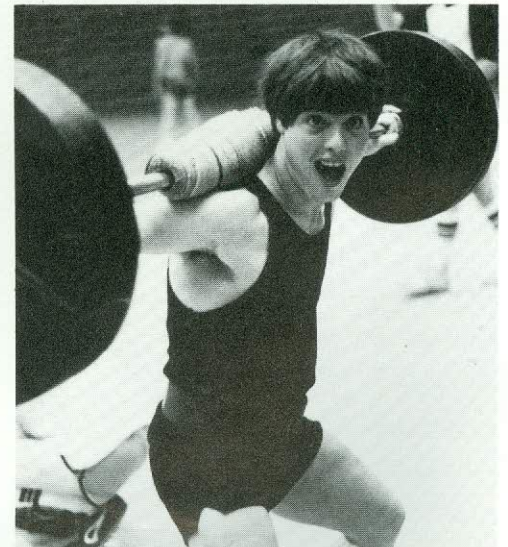
Glenn Logan, a senior, holds the bench press record with a hoist of 330 lbs., but Bill Miller, a junior, is lifting 300 lbs., and Craig Asher, an eighth grader, is totaling 250 lbs.



Mike Joyce



Marty Edwards' face reflects the effort put forth.



Dick Heacock seems to surprise himself.