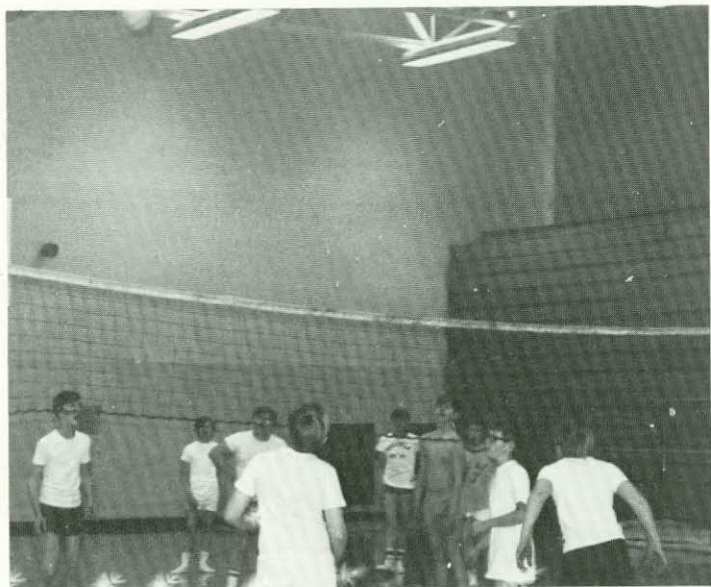


WE ACHIEVE PHYSICALLY

Basketball, volleyball, swimming, relay races, soccer, and dancing were just a few of the things taught in the P.E. classes.

Physical fitness was stressed as students performed isometric and isotonic exercises coordination and sheer muscular strength was shown on the balance beam as amateur gymnasts practiced. Many swimming students went in to participate in senior life saving classes before and after school.

Even though many physical education students were not numbers of athletic teams, physical education attempted to develop some physical skills of each student.



P.E. classes engage in a hot game of volleyball.



P. Allen shows her skill on the balance beam as K. Sanders watches.