





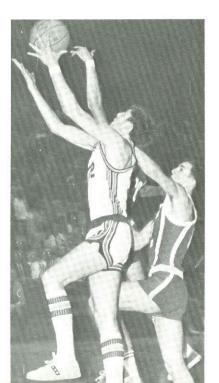


Mr. Sharp

Mrs. Cox

Physical education classes enjoyed playing volleyball this year.





We played hard.

Basketball, volleyball, swimming, relay races, soccer, and dancing were just a few of the things taught in the p.e. classes.

Physical fitness was stressed as students performed isometric and isotonic exercises. Coordination and sheer muscular strength was shown on the balance beam as amateur gymnasts practiced.

Many swimming students went on to participate in junior and senior life-saving classes which were given after school. Many faculty members received their life-saving certificates after Mrs. Cox taught them special swimming skills.

Even though many physical education students were not members of athletic teams, physical education attempted to develop some physical skills of each student.